

Retreat in Jibhi

With only 7 participants, this intimate retreat ensures deep personal attention, creating the space to heal, grow, and transform like never before.



Inclusions

Cost Includes :

1. Accommodation on Double occupancy Basis for 6 nights and 7 days.
2. Meal Plan (Breakfast, Lunch, Evening Refreshments, Dinner and GST Included).
3. Transport:- pickup and drop from Chandigarh and Jibhi
4. Workshop Charges.

[Book Now](#)





Exclusions

Cost Excludes :

1. Air/Train fare
2. Personal expenses such as laundry, telephone calls, tips & gratuity, mineral water, soft & hard drinks.
3. Additional sightseeing or extra usage of vehicles, or any Adventure activities, other than mentioned in the itinerary.

Cancellation Policy :

In case of cancellation we do not refund back any money but we do keep the validity of the service confirmed (vouchers) by us for the next two years from the date of registration.



A Nature Retreat for Inner Transformation

Day **1** | 04.11.24 | Arrival & Grounding

Settle into the tranquil Norwegian Wood Cafe & Cottages, unwind from the journey, and meet your group in an ice breaking session..

Day **2** | 05.11.a | Mind, Body, & Soul; Sync Begins

Begin your journey of self-awareness. Set personal goals, create roadmaps for transformation. Indulge in Chakra tuning.

Day **3** | 06.11.24 | Meet your core self

Align mind, body, and spirit as you explore your life's purpose with guided NLP and mindfulness sessions.

Day **4** | 07.11.24 | Alignment of Words, Actions, Intentions, and Thoughts

Tune into your inner energy system through guided Chakra alignment and mindfulness practices for balance.

Day **5** | 08.11.24 | Emotional Mastery

Learn powerful techniques to manage emotions, helping you lead with calm and confidence in every aspect of life.

Day **6** | 09.11.24 | Personalized Insights

Unlock self-awareness with an individual Graphology session, revealing hidden patterns and new paths for growth.

Day **7** | 10.11.24 | Departure

Leave feeling recharged, with clear goals and tools to sustain your emotional, mental, and spiritual growth.

